

FEBRUARY 22ND, 2026 ~ FIRST SUNDAY OF LENT

Help Us Feed Our Neighbours: Join the SVDP Wheels Team!

Last year, our St. Vincent de Paul Food Bank provided food to members of our community over 42,000 times. That's a lot of full plates! To keep our shelves stocked with fresh fruit, vegetables, and dairy, we are looking for a few more helping hands (and sets of wheels). If you have a van or pickup truck, you can play a vital role as a team member in bringing "daily bread" to those in need.

Flexible Schedule: You'll be part of a team; volunteer only when it fits your life.

Low Barrier: No police check required, as there is no direct client contact.

Costs Covered: We provide gas reimbursement for your trips.

Your Role (when it fits your schedule): Whether it's part of a team doing our bi-weekly run to Welland or a quick local pickup in St. Catharines, every trip makes a difference.

Ready to get behind the wheel? Contact Mary Little (mlittlenotl@gmail.com | 905-468-4360) or Dennis Munn (dmunn@sympatico.ca | 289-407-0379) to learn more.

Visit us online: sites.google.com/view/vincentalfred

"For I was hungry and you gave me food..."

ST. ALFRED PASTA DINNER

Wednesday, March 25th from
4:30 to 6:30 pm in the
St. Mark's room.

\$15 which includes red or white pasta, meatballs, salad, bread, a drink and dessert!

This Lent, let's move forward On Track for Justice

"The Church, like a mother, accompanies those who are walking." — Pope Leo XIV (Dilexi te, §75) Development and Peace — Caritas Canada's 2026 Share Lent campaign, On Track for Justice, has been launched! Together, let's walk hand in hand with communities in the Global South who are working for justice, peace and dignity. How? 1. By donating online at devp.org/give or during the Solidarity Sunday collection on March 22, the fifth Sunday of Lent. Your generosity helps support over 59 projects in 34 countries around the world! 2. Get the Mini-magazine and follow the Solidarity Calendar with your family. Discover all the resources at devp.org/lent/resources.

Stronger Together: Building a Community of Care and Resilience Recognizing when someone is struggling- and responding with compassion and wisdom.

You are warmly invited to join us for a special talk focused on hope, connection, and emotional wellbeing within our community. This presentation will explore how faith, relationships, and simple daily habits can help us support one another, especially during the challenges of the Canadian winter. We will also share practical ways to recognize when someone may be struggling and how to respond with compassion and wisdom.

Everyone is welcome.

March 1

Following the 11:30 a.m. Mass

St. Alfred Church, St. Catharines

Welcome Carlos

Hi! I'm Carlos, and I'm excited to join the team here to help "shake things up" with our youth ministry. I'm a Colombian with a heart for service and a background in Salesian education. I'm passionate about sports, videogames, cooking, and most importantly, helping young people encounter Christ. My goal is simple: to create a space where our youth feel they truly belong and can ask the big questions about life and faith. I can't wait to meet the families of the parish and get to work building a vibrant community for our teens. See you at Mass!



Today is Hospitality Sunday join us in the St. Mark room after all Masses for coffee, treats, and fellowship.

Daily Mass Intentions

Mon Feb 23 ~ 8:00 a.m.....Ralph Biancaniello/ Teddy Nguyen

Tues Feb 24~ 8:00 a.m.....Don Hall/ Thanksgiving

~7:00 p.m.....Mr. &Mrs. Salvatore DiPietro

(Stations & Mass in Italian)

Wed Feb 25 ~ 9:00 a.m.....Gaetano Damiano/ Marlene Bortolussi

Thurs Feb 26~ 8:00 a.m.....Norina DeLuca/ Maria DiMatteo

Fri Feb 27 ~ 8:00 a.m.Americo Mantini/

Mr. &Mrs. Angelo DeSantis

~ 7:00 p.m.....Giancarlo Costantini/ Paolo Palumbo

(Stations & Mass in English)

Sat Feb 28 ~ 8:30 a.m.....Pierina Sicuranza/Rosaria DiLeo

~ 5:00 p.m.....Pasqualina Popoli/

Aldo Mantini

Sun Mar 01~ 7:30 a.m.Missa Pro Popolo

~9:30 a.m.....Ida Fratangelo/ Adriana Limoncelli

~11:30 a.m.....Thanksgiving/ Spomenko Josipovic

PRIMA DOMENICA DI QUARESIMA

22 febbraio 2026

S. Messa durante la quaresima

Ogni martedì ~S. Messa:

7:00 p.m. in italiano

Ogni mercoledì ~ S. Messa:

7:30 p.m. in spagnolo

Ogni venerdì ~ S. Messa:

7:00 p.m. in inglese

VIA CRUCIS:

Ogni martedì 6:30 di mattina in italiano.

Ogni mercoledì 7:00 di sera in spagnolo.

Ogni venerdì 6:30 di sera in inglese.

STATIONS OF THE CROSS & MASS

Tuesday @ 6:30 p.m. in Italian

Wednesday @ 7:00 p.m. in Spanish

Friday @ 6:30 p.m. in English

Masses during Lent

Please notice that during lent Masses are also celebrated as follows:

Tuesday @ 7:00 p.m. in Italian

Wednesday @ 7:30 p.m. in Spanish

Friday @ 7:00 p.m. in English

EASTER FLOWERS MEMORIAL DONATIONS

During the Easter season the Church will be decorated with flowers. If you wish to make a donation of a potted Easter flower in memory of a loved one, you can do so. Please complete the following information slip and bring it with your donation to the office. Some of the potted flowers will cost up to **\$25.00 and others \$15.00**. We have to place our order as soon as possible for the flowers to be delivered on time. The persons in whose memory the flowers are offered, will be listed in the bulletin and they will be remembered and prayed for in our Holy Week celebrations.

Easter Flowers

Contribution to St. Alfred's Church

Name: _____

Envelope #: _____ Amount: \$ _____

In Memory of: _____

Kindly include this slip with your donation. Please print clearly

Offerta per i fiori di Pasqua

A Pasqua la chiesa verrà adornata con fiori e piante ornamentali. Chi volesse fare un'offerta per acquistare dei fiori di Pasqua in memoria dei suoi cari defunti, può riempire il modulo che segue e portarlo in ufficio. I prezzi dei Fiori vanno da \$15.00 a \$ 25.00. I nomi dei defunti verranno ricordati nelle Messe della Settimana Santa e saranno pubblicati nel bollettino. Per favore date una risposta al più presto possibile.

Fiori di Pasqua

Contributo alla chiesa di S.Alfredo

Nome: _____

In suffragio di: _____

#della busta: _____ Offerta: \$ _____

Per favore mettete questo modulo insieme alla vostra offerta.