

# FEBRUARY 8, 2026 ~ FIFTH SUNDAY IN ORDINARY TIME

## ST. ALFRED PANCAKE SUPPER

Tuesday February 17<sup>th</sup> - Shrove Tuesday, in St. Mark's room from 4:30 pm to 6:30 pm Tickets are \$10 each and can be purchased at the door. Ticket includes pancakes, sausages, coffee or tea and dessert. Bring the family, bring your friends, and enjoy fun, fellowship and good food.

## World Day for the Sick

The Feast of Our Lady of Lourdes, February 11, we also celebrate the 34<sup>th</sup> World Day of the Sick. The World Day of the Sick reminds the faithful to pray for the sick; it invites us to reflect upon the meaning of human suffering; and it recognizes and honours all persons who work in the healthcare field.

## Prayer for the Sick

Compassionate and ever loving God,  
You are the source of all healing power. Each year we set aside this special day to entrust our sick brothers and sisters to you loving care.

We pray that your blessings be upon all those in hospitals, nursing homes, hospice care palliative care and those who are house bond.

May you be their source of comfort when they are experiencing pain.

May you be their source of hope in moments of despair.

May you be their source of inspiration when they are unable to lift their hearts, mind and voices to You in prayer.

May this day be a memorable experience of your healing touch and your healing love as they put their faith and trust in you.

Amen.

## St. Alfred Gifts and Religious Goods Store

LENT is coming, ARE YOU READY? What is your plan for this Lenten Season? How are you going to get closer to the heart of Jesus on your journey to Easter? Come in and look at our selection of Lenten Journals and devotionals.

## Help Us Feed Our Neighbours: Join the SVDP Wheels Team!

Last year, our St. Vincent de Paul Food Bank provided food to members of our community over 42,000 times. That's a lot of full plates! To keep our shelves stocked with fresh fruit, vegetables, and dairy, we are looking for a few more helping hands (and sets of wheels). If you have a van or pickup truck, you can play a vital role as a team member in bringing "daily bread" to those in need.

Flexible Schedule: You'll be part of a team; volunteer only when it fits your life.

Low Barrier: No police check required, as there is no direct client contact.

Costs Covered: We provide gas reimbursement for your trips.

Your Role (when it fits your schedule): Whether it's part of a team doing our bi-weekly run to Welland or a quick local pickup in St. Catharines, every trip makes a difference.

Ready to get behind the wheel? Contact Mary Little ([mlittlenotl@gmail.com](mailto:mlittlenotl@gmail.com) | 905-468-4360) or Dennis Munn ([dmunn@sympatico.ca](mailto:dmunn@sympatico.ca) | 289-407-0379) to learn more.

Visit us online: [sites.google.com/view/vincentalfred](https://sites.google.com/view/vincentalfred)

"For I was hungry and you gave me food..."  
- Matthew 25:35

Daily Mass Intentions	
Monday, February 09- Sunday, February 15	
Mon	Feb 09 ~8:00 a.m.....Pasqualina Stabile/ John Biancaniello
Tue	Feb 10 ~8:00 a.m.....Kathleen Reilly/ Mr. &Mrs. Natale Bonomi
Wed	Feb 11 9:00 a.m.....Alessandro Castelli/ Diane Sassi
Thu	Feb 12 ~8:00 a.m.....Peter Duke Nguyen/ Anna Annete Tran
Fri	Feb 13 ~8:00 a.m.....Thanksgiving/ Giovanni Trivieri
Sat	Feb 14 ~8:30 a.m.....Thanksgiving/ Teddy Nguyen ~ 5:00 p.m.....Adam Markham/ Murray Urquhart
Sun	Feb 15 ~ 7:30 a.m.....Missa Pro Popolo ~ 9:30 a.m....Mike Siconolfi/ Mario DelPriore ~ 11:30 a.m.....John Paul Korsmit/ Agatha Rittig

**V<sup>a</sup> DOMENICA**  
**TEMPO ORDINARIO**

**8 FEBBRAIO 2026**

**Giornata mondiale del malato**

L'11 febbraio in tutta la chiesa si celebra la giornata mondiale del malato. La Chiesa, sull'esempio di Cristo, ha sempre avvertito nel corso dei secoli il dovere del servizio ai malati e ai sofferenti come parte integrante della sua missione.

To the Parishioners of St. Alfred's Church  
We express our heartfelt thanks for your generosity during our recent Calendar sales drive, and to Msgr Hugh for allowing us at your church. We were able to sell the calendar after each Mass. The total amount we received was \$790 this enabled us to donate to your food box program St. Alfred's in the amount of \$1200. With your help we were able to provide food for the needy in your parish. Thank you from Council 1394 Knights of Columbus Vivian Pereira

Youth leaders at the Diocese of St. Catharines are hosting a "Pro-Life 101" night for high school students in the Niagara Region. The event will be held on Sunday, February 22nd at St. Alexander Church in Fonthill from 7pm to 9pm. Katie Somers of Toronto Right to Life is the guest speaker. All High School students are welcome.

**Pope's Prayer Intention for the Month of February**

For children with incurable diseases – Let us pray that children suffering from incurable diseases and their families receive the necessary medical care and support, never losing strength and hope.

**Tax Receipts**

All income tax receipts have been emailed to parishioners who have registered their email addresses with the church. If you do not have an email address, we ask that you pick up your tax receipt at the church office Monday to Friday, 8:30am to 4:30pm.

**Pancake Dinner**

St. Alfred ospita un Pancake supper, Martedì 17 febbraio nella Sala di San Marco, 4:30- 6:30. I biglietti sono \$ 10 adulti. La cena comprende frittelle, salsicce, caffè, tè e dessert. Ottieni i tuoi biglietti e unisciti a noi per questo delizioso evento!

Preghiera per i malati  
Maria, madre dei deboli e dei piccoli, di quelli che soffrono e che sono soli, di coloro che sono malati e attendono di essere curati con amore e competenza. Maria, madre di tutti gli uomini, di chi ha bisogno di aiuto nelle proprie condizioni di fragilità e di coloro che sono chiamati a prendersene cura. Grazie, per averci dato Gesù Cristo: medico del corpo e dello spirito nome e certezza della nostra speranza, Buon Samaritano che si china sulle nostre ferite per risanarle. A te, Maria, con fiducia filiale, chiediamo di intercedere presso il tuo Figlio, perché, in qualsiasi condizione di fragilità e di sofferenza, ogni persona si senta amata, curata e accompagnata in un cammino aperto alla speranza, che è data a tutti noi dal Signore risorto.