

# FEBRUARY 9, 2025 ~ FIFTH SUNDAY IN ORDINARY TIME

## Salt of the Earth

Salt was literally worth its weight in gold in ancient times. It was vital for preserving food before the invention of refrigeration. Also, people cooked food very quickly to preserve fuel. It did not acquire the taste that slow roasting would bring. Salt thus helped bring out the flavor of the meal. It was also used in the Kosher process; whereby excess blood was absorbed from meat. Once the salt had completely soaked up this fluid it was useless for anything except for drying icy or muddy roads. Jesus may have had several of these aspects in mind when He spoke of his followers as having to be "salt for the world."

## World Day for the Sick

In this Jubilee year 2025, on the Feast of Our Lady of Lourdes, February 11, we also celebrate the 33rd World Day of the Sick. In this year's message, "Hope does not disappoint" (Rom 5:5), but strengthens us in times of trial", Pope Francis encourages us to become "pilgrims of hope". The World Day of the Sick reminds the faithful to pray for the sick; it invites us to reflect upon the meaning of human suffering; and it recognizes and honours all persons who work in the healthcare field.

## Prayer for the Sick

Compassionate and ever loving God,  
You are the source of all healing power.  
Each year we set aside this special day  
to entrust our sick brothers and sisters  
to you loving care.

We pray that you blessings be upon  
all those in hospitals, nursing homes,  
hospice care palliative care  
and those who are house bond.

May you be their source of comfort  
when they are experiencing pain.

May you be their source of hope  
in moments of despair.

May you be their source of inspiration  
when they are unable to lift their hearts,  
mind and voices to You in prayer.

May this day be a memorable experience  
of your healing touch and your healing love  
as they put their faith and trust in you.

Amen.

## St. Alfred Gifts and Religious Goods Store

The month of February is devoted to the Holy Family. Have you considered consecrating your family to the Holy Family? A Family consecration will encourage your family members to lead a life that is more strongly devoted to serving God. We have prayerbooks that contain Prayers of Consecration to the Holy Family. Come and check it out and other consecration books

## Pope Francis' Prayer Intention for the Month of February

For vocations to the priesthood and religious life – Let us pray that the ecclesial community might welcome the desires and doubts of those young people who feel a call to serve Christ's mission in the priesthood and religious life.

## Prayers for the Sick

**Please keep the following members in our parish in your prayers who are sick or unwell:**

Marian Kelly, Richard D'Souza, Jane Cocco, Mel Cervantes, Michaela Gebhart, Anna Chorozy, Lisa Wong , Ron Harris, Bryan Peplinskie, Nicole Dirickx, Terry Small, Paige Johnston, Patti Matheson, Frances Van Esch , Richard, Cherish Reece, Marina Subic, Marie Harris Teri Carmichael, Joe McGean, Vince Evangelista, Romulo Mercado, Basil Bruce, Roxanne, Alfred Hall, David Dewar, Hubert Pereira, Loretta Pereira, Egidio Passero, Marcia Panter, Giles Cote, Madeline Hayes, Anna Carboni, Paul Stone, Elaine Beehler, Janet Beattie, Manuel Borges, Gilles Ethier, Penny Harper, Ron Paskie, Juliann Sliwa, Fr. Brian Bevan , Alan Disik, Anne Camus, John Paul Korsmit, George Legal, Matthew McLean, Kyle Grundy, Christine Costantini, A. P

## Tax Receipts

We are asking the parishioners who do not have an email address to please pick up their tax receipts at the office due to the high increase in postage. If you have provided an email address your tax receipt was sent via email.

If you have not picked up your offertory envelope for 2025 they are now available in the office.

Daily Mass Intentions			
Monday, February 10- Sunday, February 16			
Mon	Feb 10	~8:00 a.m.	Mr. Marco Torrone/ Kathleen Kennedy
Tue	Feb 11	~8:00 a.m.	Albert Murnaghan/ Mildred Murnaghan
Wed	Feb 12	~ 9:00 a.m.	Peter Duke Nguyen/ Florante Martires
Thu	Feb 13	~ 8:00 a.m.	Thanksgiving
Fri	Feb 14	~ 8:00 a.m.	Joan Phelan/ Ivan DeYoung
Sat	Feb 15	~ 8:30 a.m.	Mario Galliera/ Franco Carboni
		~ 5:00 p.m.	Pavol Zelenak
Sun	Feb 16	~ 7:30 a.m.	Missa Pro Populo
		~ 9:30 a.m.	Mario DelPriore/ Maria Zeppetella
		~11:30 a.m.	Giovanni Trivieri / Jim Stangier

**Celebrating Significant Weddings Anniversaries this Jubilee Year**

All married couples, **especially** those celebrating significant anniversaries in 2025 are invited to attend a Mass commemorating the **2025 World Day of Marriage**. Bishop Bergie will preside at this special Mass on Sunday February 9, 2025, at 2:00pm, at the Cathedral of St. Catherine of Alexandria (3 Lyman Street, St. Catharines). All attendees are welcome to a coffee social at Knox Presbyterian Church (53 Church Street, St. Catharines) following Mass. Bishop Bergie will be available after Mass for a photo opportunity (bring your own camera) with couples celebrating significant anniversaries at the Mass. A congratulatory certificate will be mailed to couples who register and will celebrate their 1st, 25th, 40th, 50th, 60th, or 60th+ special anniversary in 2025. To receive this certificate, please contact the parish office.



St. Alfred is pleased to announce that there will be a Filipino Mass every second Sunday of the month, starting March 9, 2025, at 2 PM. Volunteers are welcome to assist during the Mass. For more information, please scan this QR code.

**Join us this Wednesday February 12<sup>th</sup> at 6:00 p.m. For ALPHA in the St. Mark Room. Potluck dinner and fellowship to start followed by a video and group discussion. All are welcome!**

**V<sup>a</sup> DOMENICA**

**TEMPO ORDINARIO**

**9 FEBBRAIO 2025**

**Giornata mondiale del malato**

L'11 febbraio in tutta la chiesa si celebra la giornata mondiale del malato. La Chiesa, sull'esempio di Cristo, ha sempre avvertito nel corso dei secoli il dovere del servizio ai malati e ai sofferenti come parte integrante della sua missione.

**Preghiera per i malati**

**Maria, madre dei deboli e dei piccoli, di quelli che soffrono e che sono soli, di coloro che sono malati e attendono di essere curati con amore e competenza. Maria, madre di tutti gli uomini, di chi ha bisogno di aiuto nelle proprie condizioni di fragilità e di coloro che sono chiamati a prendersene cura. Grazie, per averci dato Gesù Cristo: medico del corpo e dello spirito nome e certezza della nostra speranza, Buon Samaritano che si china sulle nostre ferite per risanarle. A te, Maria, con fiducia filiale, chiediamo di intercedere presso il tuo Figlio, perché, in qualsiasi condizione di fragilità e di sofferenza, ogni persona si senta amata, curata e accompagnata in un cammino aperto alla speranza, che è data a tutti noi dal Signore risorto.**