

MAY 26, 2024 ~ THE MOST HOLY TRINITY SUNDAY

A TRINITY THOUGHT EXPERIMENT

No one except God can understand how there are three distinct persons in one God. We can, however, understand why it is important to us. Here is a theological thought experiment or analogy to explain the meaning of the Holy Trinity. Imagine a fan with three blades. On each of the blades picture signs labeled "Father", "Son" and "Spirit." Suppose that the "Father" blade is on top. It represents the one life of God. The Father knows about the Son and loves him, so he gives his entire life to his Son. He does not divide his life, he gives it all. Imagine the "Son" blade turning to the top. When the life is not in the Father and not yet in the Son, it has to be somewhere. It is in the Holy Spirit. Remember that this is only an illustration of something far more complicated. So the "Spirit" blade comes to the top of the fan. Now how can the one life of God be in all three persons at the same time? Imagine turning on the fan. The blades spin so fast that it is impossible to see which is on top. You might say, from this example, that God is a dynamo of love, constantly sharing one life. If the Father can give his life to two other persons, why not four or ten or a billion? If the Father wants to do this he can. The message of the Trinity is that he wants to do it. The Father wants to include you.

PRAYER TO HOLY TRINITY

O most holy Trinity,

we adore you, who give life and vigor to every human being and who shed light where there is darkness.

We offer you our hearts, our souls, and our whole being, today and on the days to come.

O Father almighty,

we thank you for all the blessings and graces you have so generously given us.

O merciful Christ Jesus,

wash away our sins with your most precious blood. Feel the beating of our hearts and make them like your own. Oh, dear Jesus, wipe away our tears and pardon us for our sinfulness.

Be with us, O Lord, until our dying day that we may be worthy to meet you.

O Holy Spirit,

our guide and inspiration lead us to the right path. Grant us the graces we need that we may share our blessings with our brothers and sisters. And when the time comes,

lead us to the place that is secure, full of joy and eternal peace.

Don't be a follower, be a disciple.

Mark your calendar for our

Day of Reflection

October 5th, 2024

More Information Coming Soon!

St. Alfred Parish is a community of faith that works to embrace the person and vision of Jesus Christ; builds communion with God and others and engages in Christ's mission in our world.

Prayers for the Sick:

Please keep the following members in our parish in your prayers who are sick or unwell:

Marian Kelly, Richard D'Souza, Jane Cocco, Mel Cervantes, Michaela Gebhart, Anna Chorozy, Lisa Wong, Ron Harris, Bryan Peplinski, Nicole Dirickx, Terry Small, Paige Johnston, Patti Matheson, Frances Van Esch, Richard, Cherish Reece, Marina Subic, Sheri Forrest, Carolyn Tytler, Ernie Rouselle, Marie Harris, Teri Carmichael, Joe McGean, Vince Evangelista, Diana Ball, Romulo Mercado, Cynthia Rodney, Basil Bruce, Roxanne, Alfred Hall, David Dewar, Hubert Pereira, Loretta Pereira, Egidio Passero, Marcia Panter, Don Langlois, Giles Cote, Madeline Hayes, Anna Carboni, Paul Stone, Sandra Loiselle, Elaine Beehler

St. Alfred Pasta Dinner

Wednesday May 29th

4:30 p.m.-7:00 p.m.

\$15 includes:

Pasta and 3 meatballs (choice of white or red sauce), salad, bun, dessert, unlimited coffee, tea, lemonade or ice tea or 1 can of pop.

Join us for the last one before summer.

St. Alfred Religious Goods Store:

Father's Day is coming and gifts for Dad are arriving weekly so hurry in! Store is open every weekend following all Masses.

DAILY MASS INTENTIONS

Monday, May 27 ~ Sunday June 2, 2024

Mon	May 27	8:00 a.m. Rosa Szostak/ Darrel Perera & Companions
Tues	May 28	8:00 a.m.	.. Mario Turavani/ Arturo Turavani
Wed	May 29	9:00 a.m.Dennis Mailloux/ Nicola DiPietro
Thur	May 30	8:00 a.m.Mr. &Mrs. Giovanni Siconolfi/ Domenico Milano
Fri	May 31	8:00 a.m. D'Souza Family/ Annete Su Tran
Sat	June 01	8:30 a.m. Carol Ewart/ Tom Urlocker
		5:00 p.m.Murray Urquhart/ Rosaria Scuzzo
Sun	June 02	7:30 a.m. Missa Pro Popolo
		9:30 a.m. Giuseppe Magnotta/ Ida Fratangelo
		11:30 a.m.Bernie Brooks/ Kimberly Ilton

St. Alfred's Bible Camp

We are planning to resume the St Alfred's Bible Camp Aug 12-19, 24. To do this we need volunteers. We need leaders to teach, craft, play, sing, run activities, shop, prepare snacks and lunches. Our goal is to help build each child's foundation of faith, to help them know God and be prepared to face life's challenges like a Bible Hero. Parents please consider bringing your kids to camp and volunteering with us. Please call the parish office at 905-934-9703 if you'd like to be part of our Bible Heroes Camp or if you have any questions. Interviews and security checks are required.

Camp registration and details will follow soon.

An Invitation to...

...All Mature Single Persons
...Single or Parent, Widowed
...Separated or Divorced
to a weekend encounter with our loving God

Solo Person Encounter Weekend

June 8th and 9th, 2024

Venue: St. Ann Church

5740 Buchanan Ave, NF, ON

"Come to me, all you who are weary and burdened and I will give you rest." Matthew 11:28

For more information please contact:
Romy and Minda 289-668-3379 or email
mindapanday@gmail.com,
romypanday@gmail.com

SANTISSIMA TRINITÀ

26 MAGGIO 2024

*Battezzate tutti popoli nel nome
del Padre e del Figlio e dello Spirito Santo.*

Legione di Maria

ogni martedì alle 19:00 reciteremo il
Rosario fuori dalla Grotta per i mesi estivi!
Tutti sono benvenuti!

Preghiera alla SS. Trinità

*O Trinità infinita,
cantiamo la tua gloria in questo giorno
perchè nel Cristo tu ci hai resi figli e i
nostri cuori sono la tua dimora.*

*Eterno, senza tempo,
sorgente della vita che non muore,
a te la creazione fa ritorno
nell'incessante flusso dell'amore.*

*Noi ti cantiamo,
o immenso,
in questo
breve istante del tempo che annuncia il
grande giorno senza sera.*

*A te la nostra lode,
O Trinità dolcissima e beata,
che sempre sgorghi e sempre rifluisce
nel quieto mare del tuo stesso amore.*

Amen.

**La Parrocchia St.Alfred è una
comunità di fede che lavora per
abbracciare la persona e la visione
di Gesù Cristo; costruisce la
comunione con Dio e con gli altri e
si impegna nella missione di Cristo
nel nostro mondo.**

St. Alfred Pasta Dinner

Mercoledì 29 maggio

16:30-19:00

\$ 15 include:

pasta e 3 polpette (scelta di salsa
bianca o rossa), insalata, panino,
dessert, caffè illimitato, tè, limonata o tè
freddo o 1 lattina di pop.